

Peninsula walk and Nanny's (car free day)

- check weather, tides, packed lunch and providers.

Lunch could be in the Shildaig bar or Nanny's (seasonal opening, closed Sun) or take a packed lunch.

The Peninsula walk (about 2 hours) is on our doorstep and not too taxing. This walk gives great views across Upper Loch Torridon, through the glen between Bienn Alligin and Liathach. It can be muddy in parts so bring gaiters or wellies. You can spend the whole day out here. Otters can sometimes be seen up at the headland. Our coastal otters are tide not time dependent, 2 hours before and after low tide is the best chance of seeing them. We have a tide clock in the dining room!



This walk starts at the Shildaig primary school. Go through the gates, past the school on the uphill track (between the fence and the school entrance) follow this track past the sports field & new all-weather sports court – ignore the Rhubha lodge entrance. Just follow the path out through a birch wood, across the heath and out onto open ground. Along where Upper Loch Torridon becomes visible the path divides. Take the left fork, scramble up over the rock slab staying about 45 deg to your original track and rejoin a good path at the top; if you are too far too the left you end up on a sheep track which peters out. This track works its way out to the top of the peninsular but there are endless beaches & diversions to distract you! There is a steep section through a gully to be negotiated – with care its ok – stay to the left. At the end there is a house with permanent residents, follow the white marked stones to a climb up over rocks to start the return around the peninsular. The otter area is over to the left of the headland before you get too close to the house.

At low tide it is possible to cross over to the little island by crossing the shell spit. You have about 2-4 hours before the tide cuts you off again. The water races through the narrows here so do take care. The east side of the peninsular walk is frequently wet & slippery so you could return the way you came depending on the conditions under foot.

There are many benches and seats as you go around the village – just relax and soak up the views. Look out for seal playing and preening – especially at low tide. They are around most days if you watch for them long enough.

Alternatives

Go out for a half day with Torridon Sea Tours.

Joining with whatever the Torridon activities are doing for the day (need to book), they have a wide range of activities the latest of which is canyon scrambling.

Or if you have the energy and the time pop into the sea trout project at the head of Loch Shildaig (about 1 mile) to see what is being done with the monitoring of wild trout and salmon. Open 11am – 4pm. Seals often laze around at that end of the loch on lower tides.